



United SC Return to Play COVID 19 Safety Protocol

Updated 11-4-2021

For COVID 19 safety protocol we will follow the advice of our community health professionals and our State leaders. We understand that both the physical and mental wellbeing of children is enhanced by physical activity and social contact with their teammates, friends and coaches and it is our goal to continue to have players participate in team activities when at all possible. We also understand that while children often do not suffer severe effects from COVID-19, they can be easily infected and become vectors for the disease, putting vulnerable populations around them at risk. COVID-19 remains highly contagious, so we must do everything that we can to minimize the risk of spreading the virus in our efforts to bring some normalcy back into the lives of our players and families.

Per Governor Inslee's Professional Sports & Other Activities COVID_19 Requirements, Youth Soccer falls within the **Moderate** risk category. As general guidance, smaller groups are safer than larger ones and outdoor locations are safer than indoor locations.

The risk of transmitting the SARS CoV-2 virus that causes COVID-19 depends on multiple factors including:

1. Number of people in location
2. Type of location
3. Distance between people
4. Length of time at location
5. Level of protective equipment used (e.g. face coverings)

Signs of Illness: We expect all players and family members to stay home when sick or if they have been in contact with someone with COVID-19. No exceptions! Any person with symptoms of COVID-19 should contact his or her health care provider or other appropriate health-care professional to get tested. If a positive test result occurs, players are required to contact their coach immediately via phone or email to report the test results. Any player, coach, or volunteer that was exposed to the player/coach that tested positive must receive a negative COVID test result prior to participating in any future practices, games, or team activities. All coaches, players, and volunteers must be screened for symptoms prior to starting training or games. If a coach, player, or volunteer shows signs of symptoms they must leave the training/game facility immediately. Screening should consider the symptoms listed by the CDC

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

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Records and Contact Tracing: Coaches & Team managers must keep a roster of every athlete, staff member, and volunteer present at each training session, and contest to assist with contact tracing in the event of possible exposure. The coach is required to report any positive COVID_19 diagnosis to a club administrator as soon as they learn of it. The coach is also required to report all players/staff that person was in contact with prior to the diagnosis. All training and travel rosters must be kept on file by each team for 28 days after the practice/game/travel date.

Travel: When traveling, limited exposure to those outside the household unit is strongly encouraged. For travel groups that include more than one household in the same vehicle all members of the travel group including the driver, must wear a face covering and spread out inside the vehicle as much as possible. A roster seating chart must be kept on file by the coach or team manager of that team for 28 days after the travel date.

Masks: All athletes/participants are currently required to wear a mask at all times while training in indoor facilities. Coaches, referees, team volunteers, and parents, must also wear a mask at all times while inside of indoor facilities. It is not currently required for players to wear a mask while training and playing at outdoor facilities. Mask protocol changes may occur as time progresses. It is required that as changes occur, players, parents, and coaches comply with whatever the current protocol is. Mask protocol change information will be communicated to coaches and volunteers by a designated club official in a timely manner.

Sanitation, Hygiene & Disinfecting: All soccer gear must be sanitized before and after use. If using restrooms at the training site staff is responsible to inspect the cleanliness of the facility and set up any social distancing by limiting the number of players allowed in the restroom at the same time. The use of restrooms must be limited to hand washing and restroom use only. NO showers permitted. No sharing of gear, water bottles, uniforms, or towels is permitted. All players & staff members must practice good hygiene at all times. Hand sanitizer must be kept at the training or game facility at all times and be easily accessible to all players & staff members. The hand sanitizer must contain 60-95% alcohol. Hand sanitizer will be provided to each team.

Equipment: Only the coach may handle team equipment. Coaches should encourage each player to bring their own ball for practices. Coaches must provide players with their own bibs/pinnies to bring to every practice session to avoid shared community gear. Limit the amount of equipment brought to practice. All equipment must be disinfected after each use.

Temperature testing: The temperature of each coach/staff member is required prior to each session. Any staff member with a temperature over 100.4 or higher must immediately leave the facility.

COVID-19 Coordinator & Safety Officer: Each team must assign a COVID-19 coordinator to oversee compliance at the team level during training sessions. The club has assigned a COVID-19 Safety Officer that will communicate and oversee the policy across the club and will provide regular updates and reminders to staff members and coaches.

Physical Distancing: All teams are expected to practice physical distancing. Physical distancing of 6 feet must be maintained between staff, volunteers, and any spectators at all times with exceptions for training and medical personnel and volunteers performing their medical duties. Athletes must comply with the 6 feet distancing rule with the exception of when engaged in sporting activities.

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Facility Guidelines: Coaches are responsible for designating a drop off spot at the training location that allows for minimal congestion and good social distancing. All spectators must maintain physical distance of at least six feet between each person.

Games & Trainings: All teams are expected to comply with the current guidelines for sporting activities. Each facility may have different COVID guidelines that will be required to be followed in order to have use of those facilities. All COVID protocol that is put forth by the WPL (Washington Premier League) must be followed in order for teams to participate in WPL. The current guidelines can be found on the WPL website <http://wpl-soccer.com/about-1/league-news/updated-guidelines>